

WELCOME TO

WILLOWBROOK SPA

AT THE LAKE HOUSE





Willowbrook Spa is a modern wellness destination where authentic practices and time-tested treatments meet the latest innovations in health, beauty, and personal care. Taking inspiration from its prime lakefront location and the region's scenic splendor, the spa honors the healing power of nature and its effect on well-being.

Recognizing that each of us has a unique path to a more vibrant lifestyle, our menu is designed around targeted solutions for life, work, and play. Brought to life by a diverse talent pool with passion and purpose, we look forward to welcoming you where you're at and elevating you on the way to be the best you can be.

HOURS OF OPERATION

*9am – 6pm || Sunday, Monday,
Wednesday, Thursday
8am – 7pm || Friday & Saturday
Closed on Tuesdays*

CONTACT

*1.585.394.9479
spareservations@lakehousecdga.com*

BOOK A TREATMENT



Guests of The Willowbrook Spa enjoy access to a variety of exclusive amenities...

Sunroom & Relaxation Area

Heated Pool & Hot Tub Access

Complimentary Sauna Access

Himalayan Salt Feet Warmers

Complimentary Glass of Sparkling Wine

Fruit Infused Water | Complimentary Refreshments

Assorted Hot Tea Selection

Private Lockers

Sandals, Robes and Amenities

(Shaver, Shaving Cream, Toothbrush, Toothpaste)

Private Showers



SIGNATURE SERVICE

Sauna Barrel Ritual, 50m | | \$95 (Additional Sauna Guests - \$65)

Jumpstart your day, clear out the cobwebs or supercharge your treatment with a private barrel sauna ritual that incorporates contrast bathing therapy and a variety of topicals and tonics to heighten the experience.

Available for individuals, couples, and small groups of up to 4 guests in one barrel. Additional cost added per guests.

BOOK A TREATMENT



MASSAGE

Transcending traditional massage, these treatments target specific lifestyle concerns with a combination of wellness modalities and product.

Can be upgraded to a couples massage | | *All 80 minute treatments include scalp massage

BOOK A TREATMENT

Swedish Massage, 50m / 80m | | \$170 / \$270 *(Light/Medium Pressure)*

A light to medium pressure massage using Swedish techniques that will let you relax, alleviate tension, and restore balance with your choice of therapeutic grade aromatherapy massage oils.

**Includes LED light therapy to reduce pain and inflammation*

Deep Tissue Massage, 50m / 80m | | \$190 / \$290 *(Deep Strong Pressure)*

A strong pressure, therapeutic massage effectively targets deep layers of tissue for relief of deep-seated muscle pain and tension.

Hot Stone Massage, 50m / 80m | | \$200 / \$300 *(Light/Medium Pressure)*

A light to medium pressure massage using Swedish techniques along with heated salt stones to create a synergy of purification, alleviate tension, and restore balance with your choice of therapeutic grade aromatherapy massage oils.

Deep Sleep Massage, 80m | | \$300 *(Light/Medium Pressure)*

A wellness experience designed to reduce tension, boost circulation, and improve sleep quality. This deeply relaxing treatment, featuring long, connective strokes, is designed to ease fatigue and soothe an over-stressed nervous system. Topicals formulated with Arnica, known for providing pain relief and having sedative properties, are applied with specialized massage techniques to maximize relief and relaxation.

Incorporates an Amethyst Bio Mat to balance the body's energy centers

Pre-Natal Massage, 50m | | \$170

Custom pregnancy massage, designed to give relief to the needs of the mother-to-be. Focusing on aches and pains as your body goes through profound changes of pregnancy. **After first trimester*

Relax & Relief Ultimate CBD Massage, 50m / 80m | | \$200 / \$310 *(Light/Medium Pressure)*

A treatment designed for mind, body, and spirit. This massage focuses on specific areas of tight painful muscles and joints, using various massage strokes and premium CBD products by LEEF Organics to relieve tension, reduce inflammation, and promote balance in the body.

CBD Chill Deep Tissue Recovery Massage, 50m / 80m | | \$220 / \$330 *(Deep Strong Pressure)*

This is a full body recovery massage designed to soothe sore muscles and provide immediate relief with long lasting benefits. Treatment includes targeted massage techniques, stretching, heated towels, and premium CBD topicals by LEEF Organics to help increase blood flow, reduce soreness, and promote recovery.

BODY TREATMENTS

Combining facial-quality ingredients with nurturing touch and therapeutic bodywork, these integrated spa treatments supply high-impact results.

*All 80 minute treatments include full body massage

[BOOK A TREATMENT](#)

Clarifying & Acne Clearing Back Facial, 50m | | \$200

Deep cleansing, oil controlling, mattifying, detoxifying, and maintaining clear skin. A powerful and multi-tiered approach to back acne that delivers clean, clear, and comforted skin. This treatment decongests the skin through exfoliation and extraction using maximum strength salicylic acid combined with high frequency to treat blemishes. Innovative botanical formulas smooth the skin and instantly absorb excess oil.

Manuka Honey Body Drench, 50m / 80m | | \$185 / \$280

Smooth, soothes, and softens skin. This sweet treatment is the ultimate for softening and hydrating the body. The treatment begins with a dual-action, multi-acid Manuka Honey exfoliation to smooth and reveal a natural glow. Lightweight botanical oils are massaged into the skin to nourish and condition. The treatment concludes with an application of antioxidant- and humectant-rich Manuka Honey Creamy Body Lotion for lasting moisture and hydration.

Detox Deluxe, 50m / 80m | | \$185 / \$280

Exfoliates, detoxifies, and revitalizes the skin. Re-mineralize your skin while drawing out impurities. This detoxifying treatment starts with vigorous exfoliation using Naturopathica's Espresso mud body scrub that helps smooth and firm the skin. With volcanic Pumice and Coffee Arabica to stimulate circulation.

CBD Citrus Body Scrub, 50m / 80m | | \$205 / \$300

Hydrating, exfoliating, restores, softens, and enhances cell renewal. Achieve a radiant glow with an invigorating citrus exfoliation treatment followed by an application of a deeply nourishing CBD-powered botanical body oil for deep relief and restoration. This ultra-hydrating, antioxidant-packed treatment will fight free radicals, enhance cell renewal, and soften skin from head-to-toe.

MASSAGE & BODY TREATMENT ENHANCEMENTS

Upgrade or multi-task your treatment. Can be added to any 50- or 80-Min treatment.

Dry Brushing, \$35

Helps get rid of flaky skin, increase circulation, and detoxifies.

Face Mask, \$40

Revive dry, visibly damaged skin with this bio cellulose mask. Helps lock in hydration, boost radiance, reduces fine lines and wrinkles, and improves skin tone.

LED Lift & Repair Face Enhancement, \$75

This powerful FDA-cleared light therapy device is designed to help boost collagen production, improve skin density, smooth wrinkles, diminish discoloration, and clear acne for a clear, younger-looking complexion. The LED light therapy device is placed over a bio cellulose face mask that helps lock in hydration, boost radiance, reduce fine lines and wrinkles, and improve skin tone.

Requires a clean face free of make-up before the session to maximize benefits.

LED Lift & Repair Eye Enhancement, \$50

Restore youthful-looking eyes with our breakthrough DermInfusions 3D alternative to injectables and innovative hands-free eye LED device. Features a 360 degrees firming eye mask, collagen-building & circulation-stimulating red-light therapy, and a brightening, lifting, and hydrating eye treatment.

Requires a clean face free of make-up before the session to maximize benefits.

ADD-ONS

Upgrade, extend or multi-task your session. Can ONLY be added to 50 min Spa Treatments.

Wild Lime Scalp Massage, 25m | | \$40

This energizing scalp treatment is designed to promote relaxation, ease muscle aches, and soothe stress. Aromatic Wild Lime Revitalizing Scalp & Hair Oil is warmed and applied vigorously to the scalp, neck, and shoulders to stimulate circulation and relieve muscle tension.

CBD Relaxing Scalp Massage, 25m | | \$55

Stimulates blood flow to reduce stress and headaches, reduce muscle tension, and promote balance in the body while nourishing the scalp.

Feet Relief, 25m | | \$55

Specialty foot massage that stimulates the body's natural relaxation response.

Upper Level, 25m | | \$80

Focused relief for head, neck, and shoulders.

Eco-Fin Hand OR Foot Treatment, 30m | | \$45

Experience a natural, plant-based alternative to paraffin, which will leave your hands or feet feeling soothed and moisturized. (Ecofriendly version of paraffin. 100% emollients and pure essential oils)

Natural, plant-based alternative to paraffin

FACIALS

A luxurious and rejuvenating skincare treatment using a combination of gentle cleansing, exfoliation, and nourishing products to deeply cleanse and hydrate the skin. The result is a radiant, glowing complexion and a renewed sense of well-being.

Treat yourself to a facial and indulge in a blissful escape from the stresses of everyday life.

BOOK A TREATMENT

Smoothing Glycolic Facial, 50m | | \$210

Experience a visibly lifted, even-toned complexion with the Smoothing Glycolic Facial Treatment. This facial combines science with nature to deliver powerful smoothing and firming results. A concentration of Glycolic Acid sweeps away dullness and dead skin cells, while calming Aloe Vera hydrates and soothes the skin, revealing a smoother, more radiant complexion. Plant Stem Cell Extracts and Peptides work together to visibly improve skin elasticity and firmness.

Smoothing Glycolic Dermaplaning Facial, 80m | | \$300

Achieve the ultimate in skin rejuvenation with our Smoothing Glycolic Dermaplaning Facial. This advanced treatment combines the age-defying benefits of Glycolic Acid with the exfoliating power of dermaplaning to deliver visibly smoother, firmer, and brighter skin. First, a precise dermaplaning technique gently removes dead skin cells and fine vellus hair, leaving your skin silky smooth and primed for optimal absorption. A Glycolic Acid infusion then sweeps away dullness, refining your skin's texture while Aloe Vera calms and hydrates. Plant Stem Cell Extracts and Peptides boost skin elasticity and firmness, revealing a radiant, lifted, and even-toned complexion.

Clean Clinical Facial, 50m / 80m | | \$185 / \$250

[Great for sun-damage, visible signs of aging, luminosity, firming, brightening, acne, and overall long-term skin health.]

This high-performance facial is customized to leave your skin feeling and looking its best. A clinical grade, patented Alpha Beta Micro-Peel and clean, pharmaceutical grade actives will treat almost every skin concern and leave a youthful and radiant glow. A short burst of light therapy will nourish your skin from within and renew and replenish any conditions.

Brightening Facial, 50m / 80m | | \$195 / \$260 *[For dull skin with loss of elasticity, abnormal pigmentation, and decreased radiance.]*

Pamper yourself with a luminous blue mask that is infused with marine extracts to leave skin plump and hydrated. A glow-in-the-dark LED treatment and a generous dose of vitamin C gives you that “I was on vacation”-like glow.

Ultimate Anti-Aging Facial, 80m | | \$295 *[For fine lines, wrinkles, enlarged pores and rough texture]*

This complexion-perfecting powerhouse immediately delivers smoother, more flawless skin and restores its youthful glow. During the use of our anti-aging, imperfection-fighting light therapy treatment, our therapist will customize the serum and eye treatments based on your concerns and needs.

Intense Line Defense Facial, 50m | | \$210 *[For fine lines, wrinkles, rough texture, imperfections. Ideal for those seeking both anti-aging and acne solutions.]*

Repair signs of aging & sun damage, fade dark spots, and reduce the appearance of pores with our Intense Line Defense Facial. This skin-repairing facial features a proprietary Phyto-Retinol Blend™. The potent but gentle cocktail replenishes the skin barrier and increases cell turnover for stronger, healthier, more youthful-looking skin. Facial includes a clinical-strength retinol peel.

Clarifying Facial, 50m / 80m | | \$185 / \$250 *[Holistic deep cleansing & acne controlling.]*

The first step to clearer skin is here. Our multi-tiered approach to acne decongests skin through exfoliation and extraction, as maximum strength salicylic acid treats blemishes and innovative botanicals tighten pores and absorb excess oil. The traditional facial massage is swapped for a deeply relaxing lymphatic stimulation using brushes and cooling globes to jumpstart renewal and draw heat from the skin. Treatment ends with a mattifying mask and moisturizer for a clear, nourished, and more vibrant complexion.

Gentleman’s Facial, 50m | | \$185 *[Deep cleansing, balancing, calms irritation and protects against premature aging.]*

Customized for men’s skin care needs, this balancing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun-damaged, or shave-irritated skin. Nourishing Manuka Honey, purifying Pumpkin Enzymes, and antioxidant-rich botanicals protect, renew, and heal the skin to allow his inner radiance to shine through.

Jet Peel, 50m / 80m | | \$260 / \$350 *[The Jet Peel is ideal for all skin types, improves overall skin health.]*

Effectively treats Fine lines & Wrinkles – Uneven Skin Tones – Dry Skin – Sun Damage – Loose Skin – Enlarged Pores – Signs of Aging – Acne & Blackheads – Oily & Congested Pores
A revolutionary aesthetic treatment device that combines the benefits of all-natural hydro-dermabrasion, a chemical peel, automated painless extractions, and the gentle infusion of bio-active skin nutrients containing anti-aging plant stem cells, antioxidants, hyaluronic acid, and peptides.

Clarifying Back Clearing Facial, 50m | | \$200

A powerful and multi-tiered approach to back acne that delivers clean, clear, and comforted skin. This treatment decongests the skin through exfoliation and extraction using maximum strength salicylic acid combined with high frequency to treat blemishes. Innovative botanical formulas smooth the skin and instantly absorb excess oil.

NAIL SERVICES

All manicure and pedicures come with your choice of Dazzle Dry, Gel Polish, or Nature Strong OPI Polish.

*Please Note: We do not offer removal of existing gel polish, gel/acrylic nails. Feel free to call if you have questions on how to remove at home before your appointment.

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Lake House Manicure, 50m | | \$65

As you begin to unwind, a warm honey mask will leave you feeling rested, and your hands relieved.

Lake House Pedicure, 50m | | \$75

As you begin to unwind, a warm honey mask will leave you feeling rested, and your feet relieved.

Restorative CBD Citrus Manicure, 50m | | \$75

Premium CBD topicals are used during hand and arm massage to reduce pain and swelling while providing deep hydration.

Restorative CBD Citrus Pedicure, 50m | | \$85

This luxurious treatment begins with an aromatic CBD + Citrus foot soak to thoroughly cleanse skin and kickstart relaxation. Your lower legs and feet will then be indulged with an exfoliating CBD + Citrus sugar scrub designed to rejuvenate dull skin, even out skin tone and hydrate skin to a new level of well-being.

Hot Stone Pedicure, 75m | | \$95

This is followed by a scrub to exfoliate and polish. The feet are then enveloped in a softening mask and wrapped in warm towels for deep repair. The service is completed with a stimulating hot stone foot massage to improve circulation and invigorate the senses.

Aromatic Birch and Magnesium soak, softening mask, warm towels, hot stone foot massage.



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